



NEWSLETTER

FEBRUARY 2016

950 Main Street
Cambria, CA 93428

805.927.3364

joslyncenter@joslynrec.org

<http://www.joslynrec.org>



Lawn Bowls' newly painted sign.

PRESIDENT'S MESSAGE

Here we are in February, the month of lovers and Presidents, or lovers of Presidents, or...never mind.

Any way, one of the most frequently asked questions of me is, "Why should I kick in \$1 to my club when I've already paid my \$40 JARC dues?". Good question with an even better reply.

The JARC "nut" (fixed expenses) is about \$90 per member, so we are actually losing about \$50 per member per year. For those of you that attended the general meeting in November, recall Mark Kantor's graphic presentation. In addition, we had to address several deferred maintenance problems such as fences, gates, carpets, lighting — thank you Lisa.

So, that said, we are actively seeking new - and maybe unusual - fund raising activities. Resurrecting Bingo is in discussion, in addition to several other possible events. Your input is greatly appreciated. If you have any recommendations or novel ideas, they will be considered.

Now, go out and have some JARC fun! And don't forget your dollar, or two, or three or...you get the idea!

Have a great February!
Jim Major

Some inspiration from MICHAEL JORDAN:
I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. AND THAT IS WHY I SUCCEED.

**Grounds clean up for FEBRUARY:
COUPLES DANCE**

LIKE FILMS?

**Let us know your interest
in forming a FILM CLUB.**

LOST & FOUND

**MISSING SOMETHING?
CHECK IN THE JRC
LOST & FOUND**

**PLEASE PAY
2016 DUES**

**SEE PAGE 7
FOR DETAILS.**

**THANKS TO ALL
WHO HAVE ALREADY**



Ecstatic Dance
Friday 7:30 - 9:00P

Inner Rhythm...

is a growing group of heart centered people who dance as a way to returning to ourselves and to commune with each other. For us, the dance floor is a playground, a teacher, a healer. There are no steps to follow, no right way or wrong way to move. We move to feel what is sacred through the movement of our bodies.

Inner Rhythm Dance...

is a non-verbal 90-120 minute dance journey. Every INNER RHYTHM Dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance like lyrical rhythms dissolving into quiet gentle stillness. \$5 Donation, \$10 for FuNraisers.

Please check our INNER RHYTHM page on Facebook for the latest announcements and special out-of-t own DJ's and facilitators....

Call Patti Schimberg 927.1661

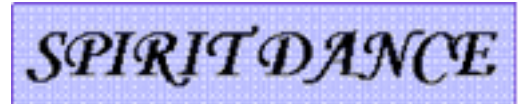
YOGA

Monday, 4:45 PM
\$10 PER SESSION

Introducing Kristina Kangas...

...now teaching at the Joslyn Center. Kristina has been teaching yoga in Cambria for the last five years and practicing herself for over 20 years. Kristina completed Yoga Teacher Training at White Lotus Foundation in Santa Barbara, CA with Ganga White & Tracey Rich. She has also studied the Chinese Internal Exercises of Taoism, holds a BA in International Relations from the Univ. of Wisconsin and is fluent in Spanish.

Kristina emphasizes deep breath work & balance in her classes and simultaneously teaches to all levels. Kristina will be filling in for Patti Schimberg by helping to co-teach.



Enhance your BODY/MIND/SPIRIT connection through rhythm and dance. Be inspired by compelling international beats in a community of music lovers sharing their passion for our natural impulse to move and play.

SPIRIT MOVEMENT CLASS

Monday 6:00 - 7:00P

Optional instruction to enhance the experience of free form dance. Learn to interact with partners by sensing the flow of energy. Easy and fun. **Fee - \$5**

Instructor: **Francesca Bolognini**

Call **927.5528** to enroll.

SPIRIT DANCE TRANCE DANCE

Monday 7:30 - 9:00P

Free form solo or interactive moving meditation, done at your own pace, to international music utilizing the FIVE RHYTHMS (flowing, staccato, chaos, lyrical, stillness). No experience necessary. Free to Joslyn Center members, trial attendance encouraged.

Facilitator: **Francesca Bolognini**



Have fun and get fit to your favorite dance tunes!

Mondays at 10:45A
Wednesdays at 8:30A
Fridays at 9:00A

Coordinated by: Maryann Grau

WEIGHT LIFTING



Monday 10:00 AM
Wednesday 9:15 AM
Friday 9:45 AM

For more information, email

Maryann Grau

mgrau@sbcglobal.net



LAWN BOWLS

COME BOWL WITH US!
Beginners always welcome!
Monday, Wednesday, Friday, Saturday



TABLE TENNIS CLUB

Free lessons for men & women:
Thursdays 8:30A - 12:00 noon

We welcome all skill levels:
Sundays 1:00P - 4:00P

**ADDED TIMES: Fridays
10:30AM to 1:00PM**

Have fun and keep in shape!

For more information call:
John Bennett 924.1948



FISHING CLUB

The Fishing Club has a new website. See a slice of the fun and adventure and the fishers who bring in the fish for the annual fish fry. Please share this info with anyone who may be interested in joining our club. We meet on the first and third Tuesday of the month at 2 to 3 PM.

Site address: cambriafishingclub.com

Would you like to go fishing with us?

Contact **DON** at 909.7571

ROUGH WRITERS

We are a group of creative writers whose membership includes novelists, poets, playwrights, short story writers, memoirists, and traveloguers. We are dedicated to supporting each other through the trials and tribulations of the creative writing process. Our goal is to tell stories – true stories that might get lost and fictional stories that open the heart. Although we have many different styles and interests, we are united in our love of language and the power of the imagination. We meet each week to provide a supportive environment for members to try out their work. Mondays at 1PM.

If you would like to visit, please read "Visitors' Info" on our website, then contact John Lamb at roughwriters@sbcglobal.net to schedule a time.

For more on the Rough Writers, please see our website, www.RoughWriters.org.



CAMBRIA FORUM

For further information you may contact Valerie at 927-6736 or rayval2@sbcglobal.net.

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Practice every Tuesday at 8:30am.



Couples Dance & Social Club

We meet the 2nd and 4th Wednesdays from 6:00 - 9:00 pm.

A Potluck dinner precedes dancing to a live band. Music selections include ballroom, swing and rock & roll.

President: Mark Kantor, Ykanti@yahoo.com



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INVESTMENT CLUB

The JRC Investment Club is doing well this year as it has done the last several years. This year the "Club's Portfolio" is doing much better than the "DOW" or the "S&P".

There currently are openings for new members. Come for a couple of meetings and see what you think.

Please contact Jim Anderson for more information.

Meets First and Third Thursday of each month at 9:15am in the Conference Room.



CAMBRIA WRITER'S WORKSHOP

For more than 35 years Cambria Writer's Workshop (CWW) has been dedicated to helping its members become better writers and supporting them along the path to publishing.

Our members, who live throughout San Luis Obispo County, meet at the Joslyn Center from 9:30 a.m. to 12 noon Wednesdays.

Guests are welcome.



POKER CLUB

Come play with the JRC Poker Club at one of several nights each month. Low limit games are available every Thursday night. Higher limit games run most Thursdays, the first Wednesday and the third Tuesday of each month. Come by no later than 6:15pm to start play at 6:30.

Monthly tournaments are held with varying formats and buy-ins.

Private lessons can be arranged if you want to learn about poker in a safe (no cost) environment, but it is recommended that you have a pretty good grasp of poker basics before sitting in on real money games.

For more information: Call Wayne at 927-5508 or email Mark at Ykanti@yahoo.com



BRIDGE CLUB

Singles: Tuesday: 7:00 PM (1st & 3rd)
Partners: All Thursdays: 6:30 PM
Duplicate: Wed: 1:00 PM (2nd & 4th)
Refresher Tuesday: 1:00 PM (2nd & 4th)

For Refresher Bridge call:
Harriett Hankins at 203-5219.

YOU CAN ALWAYS JOIN IN!
Shale Hanson 924-1478



Mah Jongg!



Club Meetings

The Mah Jongg club holds games **every Monday and Thursday at 1 to 4 pm**. Drop by and check us out. New players are always welcome. Only have an hour to play? Come on by! No sub to call – no week to “host” – just fun and lots of new friends waiting for you at the Joslyn. We ask for a one-dollar donation that goes to the center and bring a \$3.00 purse.

More information, Sharon 927-5155 or Judy 924-1944.

Hope to see you there!



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**CAMBRIA COMPUTER and TECHNOLOGY CLUB at the JOSLYN CENTER, CAMBRIA, CA.
FEBRUARY 2016 MEETING SCHEDULE / PRESS RELEASE**

"MARK YOUR CALENDARS"

The CAMBRIA COMPUTER & TECHNOLOGY CLUB goal is for all participants to learn from presentations and other members, giving everyone an opportunity to network concerning both Mac & PC formats and today's handheld technologies. It is still the best educational technology deal in the area. Club membership is only \$10 per year. Members are cordially invited to attend all meetings. There will be a question and answer session prior to the start of each meeting. Bring your devices, bring your questions, share your ideas. Nonmembers may attend up to two meetings before joining.

Check out our website at www.cambriacomputerclub.org for more info.

WE ENCOURAGE ALL MEMBERS TO "BRING A FRIEND"

Thursday, February 11th @ 2 P.M. "GENERAL MEETING – Mac & PC"

This meeting will be held in the Joslyn Center Main Room at 2:00pm (doors open at 1:30). We will focus on **"Social Media."** How can you join, participate in, and exchange communication with friends and the world via social media? Non-members may attend up to two meetings before joining. This will be an open forum for exchange of ideas and suggestions of favorite mobile APPS. Doors open at 1:30 pm. Any questions contact David Hills at oberonsd@gmail.com or Dave Butner dbbig23@charter.net.

Monday, February 22nd @ 7:00 P.M. "PROBLEM-SOLVING" – Mac & PC"

An Evening Meeting will be held in the Joslyn Center Conference Room at 7:00pm (doors open at 6:30). This is an **Open Forum format focusing on PROBLEM-SOLVING. New devices as gifts?** Challenged by a question or problem with your computer, mobile device, software program or other computer-related technology? Bring your questions to the group for assistance. Bring along your mobile devices and laptops. Non-members may attend up to two meetings. Any questions contact David Hills at oberonsd@gmail.com or Dave Butner dbbig23@charter.net.

Membership information or email address changes send to Sharry Muller at sharryrae@gmail.com

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DUES ARE NOT REFUNDABLE

Thank you for your support!



Joslyn Adult Recreation Center

950 Main Street
Cambria, CA 93428
805.927.3364

joslyncenter@joslynrec.org
www.joslynrec.org

2016 ANNUAL MEMBERSHIP DUES NOTICE

**The 2016 Annual Membership Dues are \$40.00 per member
and are due and payable on or before January 31, 2016.**

I (we) understand that application for membership of the Joslyn Adult Recreation Center (JARC) is made on the basis that the dues noted herein apply to the use of JARC's facility as outlined in the Center's Bylaws and are in addition to any fees charged for participation in any individual member club and that I(we) agree to abide by the appropriate bylaws and rules of the Center and its member clubs.

MEMBER 1
 Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone 1: _____ Phone 2: _____
 eMail: _____
 Amount: **\$40.00**

MEMBER 2
 Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone 1: _____ Phone 2: _____
 eMail: _____
 Amount: **\$40.00**

Total Due: \$ _____
By mail to address above / at the center weekdays 10am - 2pm / in the mail slot anytime.

Check this box if you wish to opt out of the printed version of the directory.

Always check with your organization to make sure there are no schedule changes.

February 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00 Lawn Bowls	8:30 Cambria Chorale	9:00 Lawn Bowls	8:30 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
	10:00 Hand Weights		8:30 Dancercize	9:15 Investment Club (CR)	9:00 Dancercize	
	10:45 Dancercize		9:15 Hand Weights		9:45 Hand Weights	
	1:00 Mah Jongg	2:00 Fishing Club	9:30 Writers Wkshop (CR)		10:30 Table Tennis	
	1:00 Rough Writers (CR)	6:00 Odd fellows (CR)		1:00 Mah Jongg (CR)	1:00 Rehearsal	
	4:45 Hatha Yoga	7:00 Singles Bridge	6:00 Poker Club	6:15 Poker (CR)		
	6:00 Spirit/Trance Dance			6:30 Partners Bridge	7:00 Inner Rhythm	
7	8	9	10	11	12	13
9:00 Lawn Bowls	9:00 Lawn Bowls	8:30 Cambria Chorale	9:00 Lawn Bowls	8:30 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
10:30 First Unity Church	10:00 Hand Weights		8:30 Dancercize	9:00 Elected Board (CR)	9:00 Dancercize	
	10:45 Dancercize	1:00 Refresher Bridge	9:15 Hand Weights		9:45 Hand Weights	
	1:00 Mah Jongg		9:30 Writers Wkshop (CR)	1:00 Mah Jongg	10:30 Table Tennis	
1:00 Table Tennis	1:00 Rough Writers (CR)		12:00 Lions	2:00 Computer Club (CR)	1:00 Rehearsal	
5:00 Dance Lessons	4:45 Hatha Yoga	4:30 Lions Board (CR)	1:00 Duplicate Bridge	6:15 Poker (CR)		
	6:00 Spirit/Trance Dance	7:00 Lions (K)	4:30 Couples Dance (K)	6:30 Partners Bridge	7:00 Inner Rhythm	
14	15	16	17	18	19	20
9:00 Lawn Bowls	HOLIDAY - OFFICE CLOSED	8:30 Cambria Chorale	9:00 Lawn Bowls	8:30 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
10:30 First Unity Church	9:00 Lawn Bowls		8:30 Dancercize	9:15 Investment Club (CR)	9:00 Dancercize	
	10:00 Hand Weights	2:00 Fishing Club	9:15 Hand Weights		9:45 Hand Weights	
	10:45 Dancercize		9:30 Writers Wkshop (CR)	1:00 Mah Jongg	10:30 Table Tennis	
1:00 Table Tennis	1:00 Mah Jongg	6:15 Poker Club (CR)	5:00 IOOF Dinner (K)		1:00 Rehearsal	6:00 Poker Club Tournament
5:00 Dance Lessons	1:00 Rough Writers (CR)	7:00 Singles Bridge		6:15 Poker (CR)		
	4:45 Hatha Yoga			6:30 Partners Bridge	7:00 Inner Rhythm	
	6:00 Spirit/Trance Dance					
21	22	23	24	25	26	27
9:00 Lawn Bowls	9:00 Lawn Bowls	8:30 Cambria Chorale	9:00 Lawn Bowls	8:30 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
10:30 First Unity Church	10:00 Hand Weights		8:30 Dancercize		9:00 Dancercize	
	10:45 Dancercize	1:00 Refresher Bridge	9:15 Hand Weights		9:45 Hand Weights	
	1:00 Mah Jongg		9:30 Writers Wkshop (CR)	1:00 Mah Jongg	10:30 Table Tennis	
1:00 Table Tennis	1:00 Rough Writers (CR)	4:30 Lions Board (CR)	1:00 Duplicate Bridge		1:00 Rehearsal	
5:00 Dance Lessons	4:45 Hatha Yoga	7:00 Lions (K)	4:30 Couples Dance (K)	6:15 Poker (CR)		
	6:00 Spirit/Trance Dance					
	7:00 Computer Club (CR)			6:30 Partners Bridge	7:00 Inner Rhythm	
28	29					
9:00 Lawn Bowls	9:00 Lawn Bowls					
10:30 First Unity Church	10:00 Hand Weights					
	10:45 Dancercize					
	1:00 Mah Jongg					
1:00 Table Tennis	1:00 Rough Writers (CR)					
5:00 Dance Lessons	4:45 Hatha Yoga					
	6:00 Spirit/Trance Dance					