



# NEWSLETTER

950 Main Street  
Cambria, CA 93428

805.927.3364

[joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)

<http://www.joslynrec.org>

**2019 Membership Dues  
Information - see Page 7.**

**SAVE THE DATE**

**JANUARY 12<sup>TH</sup>  
SPIRIT DANCE & DRUM  
FUNDRAISER  
"LET THE STONES SPEAK"  
SEE PAGE 8.**

**JANUARY 19<sup>TH</sup>  
CAMBRIA FILM CLUB  
SCREENING OR "DHEEPAN"  
SEE PAGE 6.**

## PRESIDENT'S MESSAGE

Dear Members,

First, I would like to sincerely thank Wayne Smith for a wonderful job as our President for 2018. He has really encouraged us to work towards a balanced budget and all of you have pitched in to make that happen. I hope I can continue to create that sense of "co-op" in this new year.

And then I want to wish all 475 members a Happy New Year! We finished off the old year with a great performance by our very own Chorale on Hospitality right. I hope you were able to attend and listen to the wonderful music in our beautifully decorated main hall. Did you notice? Every person who sang, decorated, cleaned, set up the chairs and risers, baked cookies (thank you Melanie!), and served treats that evening, volunteered their time. And that's going to be one of our major goals this year - Volunteerism.

This is OUR center. We all enjoy the activities and presentations sponsored here. If each one of us volunteers for just one activity or one committee or one duty, think of the difference we could make to our center. And think of the new friends waiting to meet you when you "show up".

Our standing committees are as follows:

1. General publicity - getting the word out, recruiting new members
2. Honor Bar - oversees and stocks, including buying sodas when going to SLO or Paso
3. Maintenance - performing quick, simple fixes (burned out light bulbs, leaky faucets, minor computer glitches)
4. Event Planning - help plan and organize fun raisers and celebrations
5. Office Staffing - help out with office tasks when Patty is out or needs help. We really need some graphic arts help with the Newsletter. Anybody?

All of these committees already have board member chairs. We just need some worker bees.

If joining a committee isn't in your future, please consider answering the call when one-time volunteers are needed (ie. Waffle Breakfast, decorating, setting up for events) or just keep an eye on the trash cans and empty them when needed or restock TP in the bathrooms or mop up a spill or clean up after a meeting or party with your group. We can all do something to help out - and by the way - thanks for all you do already!

January 10th is our Presidents Board meeting. Please be sure a representative of your club attends and brings back a report for you. In fact, all members are always welcome. Come by and meet your new Executive Board: Sharon Heyne - Pres. Rusty Heyne - 1st Vice Pres. Sal Buongiorno - 2nd Vice Pres. Joel Cehn - Treasurer and Joy Lee - Secretary.

Sharon Heyne

**Grounds clean up for  
JANUARY:  
POKER CLUB**

**HOSPITALITY NIGHT  
2018**





**Ecstatic Dance**  
Friday 7:30 - 9:00P

**Inner Rhythm...**

is a growing group of heart centered people who dance as a way to returning to ourselves and to commune with each other. For us, the dance floor is a playground, a teacher, a healer. There are no steps to follow, no right way or wrong way to move. We move to feel what is sacred through the movement of our bodies.

**Inner Rhythm Dance...**

is a non-verbal 90-120 minute dance journey. Every INNER RHYTHM Dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance like lyrical rhythms dissolving into quiet gentle stillness. \$5 Donation, \$10 for FuNraisers.

Please check our INNER RHYTHM page on Facebook for the latest announcements and special out-of-town DJ's and facilitators....

**Call Patti Schimberg 927.1661**

**YOGA**

very gentle/restorative

with JOANNA BOBBITT  
Fridays

4:00 - 5:00 Yoga  
ALL LEVELS WELCOME  
NEW STUDENTS - 1st class FREE.

Joanna has been teaching in Cambria and SLO County for 18 years.  
Trained at Kripalu Institute of Yoga & Health.  
Sports and injury massage therapist at Vyana Studios, Cambria.

"I teach very safe Yoga and work to assist you to be as comfortable and connected to your body as possible. I look forward to guiding you deeper into your body, heart and soul."  
Namaste, Joanna

Contact me: 805.440.5161 call or text; jbyogamom@icloud.com

**YOGA**  
**Monday, 4:45 PM**  
**\$10 PER SESSION**

PLEASE NOTE:  
JAN/FEB CLASSES  
WILL BE LED BY  
MIHO

**YOGA continues each Monday with Kristina Kangas...**

...now teaching at the Joslyn Center. Kristina has been teaching yoga in Cambria for the last five years and practicing herself for over 20 years. Kristina completed Yoga Teacher Training at White Lotus Foundation in Santa Barbara, CA with Ganga White & Tracey Rich. She has also studied the Chinese Internal Exercises of Taoism, holds a BA in International Relations from the Univ. of Wisconsin and is fluent in Spanish.

Kristina emphasizes deep breath work & balance in her classes and simultaneously teaches to all levels. Kristina will be filling in for Patti Schimberg by helping to co-teach.



**Dancercize**

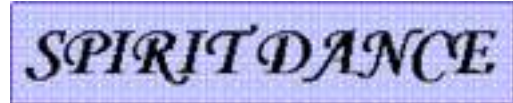
Dance Aerobics: (each session approx. 45 minutes)

Mondays at 9 am AND 10:45 am  
Wednesdays at 8:30 am  
Fridays at 9:00 am

Strength Training (stretch, tone, weights, pilates) (each session approx. 1 hour)

Mondays at 9:45 am  
Wednesdays at 9:15 am  
Fridays at 9:45 am

Please contact Maryann Grau for more info.  
[mgrau@sbcglobal.net](mailto:mgrau@sbcglobal.net)  
924-1041



Enhance your BODY/MIND/SPIRIT connection through rhythm and dance. Be inspired by compelling international beats in a community of music lovers sharing their passion for our natural impulse to move and play.

**SPIRIT MOVEMENT CLASS**

Monday 6:00 - 7:00P

Optional instruction to enhance the experience of free form dance. Learn to interact with partners by sensing the flow of energy. Easy and fun. **Fee - \$5**

Instructor: **Francesca Bolognini**

Call **927.5528** to enroll.

**SPIRIT DANCE TRANCE DANCE**

Monday 7:30 - 9:00P

Free form solo or interactive moving meditation, done at your own pace, to international music utilizing the FIVE RHYTHMS (flowing, staccato, chaos, lyrical, stillness). No experience necessary. Free to Joslyn Center members, trial attendance encouraged.

Facilitator: **Francesca Bolognini**

Special Fund Raiser - See Page 8.



## FISHING CLUB

The Fishing Club has a new website. See a slice of the fun and adventure and the fishers who bring in the fish for the annual fish fry. Please share this info with anyone who may be interested in joining our club. We meet on the first and third Tuesday of the month at 2 to 3 PM.

Site address:  
[cambriafishingclub.com](http://cambriafishingclub.com)

Would you like to go fishing with us?

Contact **MIKE** at 909-0315



## TABLE TENNIS CLUB

**Welcome to Table Tennis at the Joslyn Center.**

All are invited to come and play any of several times a week. Come and get a little exercise with us. All skill levels are encouraged. Paddles and balls are supplied. Anyone can play twice with no commitment.

We play 4 times a week: Tuesday at 11:30AM, Thursday at 9AM, Friday 10:30AM and Sundays 1PM

**Call: John 924.1948**



## LAWN BOWLS

**FREE LESSONS  
EQUIPMENT  
COOKIES  
COFFEE  
GREEN USE  
PARKING**

Call Sal at 927 3120 or just show up at 9:15 on Monday, Wednesday and Friday

**SEE PAGE 10  
FOR A SPECIAL  
ANNOUNCEMENT FROM  
LAWN BOWLS CLUB**



## Couples Dance & Social Club

### Couples Dance Club Invites Participants from Other Joslyn Clubs

Maybe you're maxed out with the fun activities at the Joslyn Center. But are you open to other things to do?

For example, the Dancercise group obviously has those in it who love to dance--though it's largely for exercise and sociability. The Couple Dance Club (which encourages singles, by the way, to attend--new policy) isn't so much about the exercise but about a fun event that has you gliding on the dance floor to a live band AND working off a potluck dinner provided by the members! Best home-cooked food in town. Since you're already a Joslyn member, it's only \$10 a person per dance--and that's only after you've "tested us out" two times.

We found out that it's often only one partner, if you're coupled, who doesn't like to/want to dance--often the guy!--possibly because he/she doesn't dance well. Guess what--you can get out there at whatever level and you'll be accepted--as long as you don't step on anybody else's toes, haha...And there's lots of friendly people.

We setup at 4:30 PM; the dancing starts at 6:00 PM

For more information, please contact Jay and Pat Burbank (co-Presidents for 2019) at 805.927.1867 or [jay@jayburbank.com](mailto:jay@jayburbank.com).



Chorale will resume on Tuesday, January 8 at 9:00am. If you like to sing with an enthusiastic, fun group of people, please join us then. We'll be ready to start on our program for spring.

Thanks to everyone who has supported the Cambria Community Chorale and the PLF Music Scholarship Fund by donations and/or by coming to our concerts.

If you didn't get to a Christmas concert, maybe you'll make it in the spring.

For questions or more information, check out our website, [cambriacommunitychorale.org](http://cambriacommunitychorale.org), or contact Barb MacDonough, [927-2989](tel:927-2989) or [barmacd@charter.net](mailto:barmacd@charter.net).

# Mah Jongg!



## Club Meetings

The Mah Jongg club holds games **every Monday and Thursday at 1 to 4 pm**. Drop by and check us out. New players are always welcome. Only have an hour to play? Come on by! No sub to call – no week to “host” – just fun and lots of new friends waiting for you at the Joslyn. We ask for a one-dollar donation that goes to the center and bring a \$5.00 purse.

More information, Sharon 927-5155 or Judy 924-1944. Hope to see you there!

**Thank you, Mah Jongg  
for the ongoing  
Succulent Sale Fundraiser**



## INVESTMENT CLUB

The Joslyn Investment Club's purpose is to research securities and to invest the assets of the Club in such securities for the education and benefit of the Members.

The buy-in/entry fee for a New Member has been significant reduced.

Our goal is to out perform the DOW & S&P 500 indexes.

The “Club” meets on the first and third Thursday of the month. Please come and take a look during one of the “Club's” meetings.

Contact the “Club's President” **David Stiles**([203-5174](tel:203-5174)) for more information.



Thanks, INVESTMENT CLUB!

2018 Contribution

Present by  
President David Stiles  
to  
Office Manager, Patty





## POKER CLUB

Come play with the JRC Poker Club at one of several nights each month. Low limit games are available every Thursday night. Higher limit games run most Thursdays, the first Wednesday of each month.

Come by no later than 6:15pm to start play at 6:30.

Monthly tournaments are held with varying formats and buy-ins on selected Saturdays.

It is recommended that you have a pretty good grasp of poker basics before sitting in on real money games but our \$5 game is a good place to practice and learn.

For more information:  
Call Joslyn office.



## BRIDGE CLUB

Singles: Tuesday: 6:30 PM (1<sup>st</sup> & 3<sup>rd</sup>)  
Partners: All Thursdays: 6:30 PM  
Duplicate: Wed: 1:00 PM (2<sup>nd</sup> & 4<sup>th</sup>)  
Refresher Tuesday: 1:00 PM (2<sup>nd</sup> & 4<sup>th</sup>)

For Refresher Bridge call:  
**Harriett Hankins** at 203-5219.

**YOU CAN ALWAYS JOIN IN!**  
**Joan Berry** at 927.5332

## ROUGHWRITERS

We are a group of novelists, poets, short story writers, memoirists, and traveloguers. We are dedicated to supporting each other throughout the creative writing process. Our goal is to tell stories – true stories that might get lost and fictional stories that move us.

Although we have many different styles and interests, we are united in our love of language and power of imagination. We meet Mondays at 1:00 PM to provide a supportive and collaborative environment for members to share their work.

If you would like to visit, please read "Visitors' Info" on our website, then contact John Lamb at [RoughWriters93428@icloud.com](mailto:RoughWriters93428@icloud.com) to schedule a time.

For more on the Rough Writers, please see our website, [www.RoughWriters.org](http://www.RoughWriters.org).



## CAMBRIA WRITER'S WORKSHOP

For more than 35 years Cambria Writer's Workshop (CWW) has been dedicated to helping its members become better writers and supporting them along the path to publishing.

Our members, who live throughout San Luis Obispo County, meet at the Joslyn Center from 9:30 a.m. to 12 noon Wednesdays.

Guests are welcome.



**Cambria Computer & Technology Club**  
 Go to our website to see activities  
 schedules & meeting dates  
[www.cambriacomputerclub.org](http://www.cambriacomputerclub.org)

CAMBRIA COMPUTER and TECHNOLOGY CLUB  
 January 2019 MEETING SCHEDULE

**"MARK YOUR CALENDARS"**

The CAMBRIA COMPUTER & TECHNOLOGY CLUB goal is for all participants to learn from presentations and other members, giving everyone an opportunity to network concerning both Mac & PC formats and today's handheld technologies. It is still the best technology education deal in the area. Club membership is only \$10 per year. Members are cordially invited to attend all meetings. There will be a question and answer session prior to the start of the meeting. Bring your devices, bring your questions, share your comments. Nonmembers may attend up to two meetings before joining. Membership at Joslyn Center is recommended but not required.

Check out our website at [www.cambriacomputerclub.org](http://www.cambriacomputerclub.org) for more info.

**WE ENCOURAGE ALL MEMBERS TO "BRING A FRIEND"**

**Thursday, January 10th @ 2 P.M. "GENERAL MEETING – PC & MAC"**

General Meetings focus on PC & MAC formats and includes handheld devices. "*Problem Solving and Latest Updates on Protecting Yourself with Passwords*" A short presentation will discuss the use of passwords and available support applications to use to protect yourself. Come with your questions and problems. We will work together to solve as many queries as time permits, no matter how small or complicated. Bring your smart phone, laptop or tablet. Meeting will be held at **Pacific Premier Bank**. Doors open at 1:30 pm. Any questions contact Dave Butner [dbbig23@charter.net](mailto:dbbig23@charter.net).

**Thursday, January 24th @ 2 P.M. "NOVICE/PROBLEM SOLVING – PC & MAC"**

Meeting is held at the **Pacific Premier Bank** (doors open at 1:30). This is an open agenda meeting suited to meet the needs of all levels of expertise but especially the Novice user. Bring your problems, questions and ideas to share. If you have a specific problem with your computer technology, handheld device like tablet or smartphone, or software, come for assistance. Here is an opportunity to get help with new technologies and learn how to use them. Any questions contact Dave Butner [dbbig23@charter.net](mailto:dbbig23@charter.net).

Cambria Computer & Technology Club's General Meeting, featuring a presentation and opportunity to ask questions, meets at 2 p.m. each **second Thursday** of the month. A second meeting is held at 2:00 p.m. the **fourth Thursday** with a focus on problem solving computer, tablet, mobile and software issues. Start off the year right - Annual dues are \$10. **Visit our website at [www.cambriacomputerclub.org](http://www.cambriacomputerclub.org) for more info.**

Your leadership is looking for topics of interest for the 2019 calendar. We would prefer to schedule topics that are of interest and will assist our members in better understanding and utilizing their computers and other devices. What topics would you like to see discussed? What areas of interests do you have? If members learn one or two new things, our goal will be achieved. Our expansion of the question and help sessions seems to resonate with members and we will continue this through the 2019 year. Please submit any subjects of interest. Send suggestions to Pat Bunyard at [patbunyard@charter.net](mailto:patbunyard@charter.net) or Dave Butner [dbbig23@charter.net](mailto:dbbig23@charter.net).

**CAMBRIA FILM CLUB**



The Cambria Film Club (CFC) will be offering the sixth series of international film screenings in January, marking the fourth year since our 2015 founding at the Joslyn Center. Beginning in 2019, Joslyn members can join the CFC for the reduced semi-annual dues of \$20 (down from \$25 in 2018) and reserve seats for the January, March, and May screenings.

The 2019 film series will begin with *Dheepan*, a recent Palme d'Or winning film at Cannes. *Dheepan* will be screened on **Saturday, January 19**, in the **Rabobank Community Room** (1070 Main Street). Even if you are not a CFC member, you can reserve seats in advance (\$10) at the Joslyn Center office during regular business hours for either the 4:00 p.m. or 7:00 p.m. screening. Tickets for any remaining seats will be sold at the door.

*Dheepan*, a new film from acclaimed director Jacques Audiard, is a gripping, human tale of survival. On the losing side of a civil war in Sri Lanka, a Tamil soldier poses as the husband and father of two other refugees to escape their ravaged homeland. Arriving in France, the makeshift "family" sets about establishing a new life, only to find themselves once again embroiled in violence on the streets of Paris. *Critics consensus:* a timely, powerful look at the modern immigrant experience in Europe; a heartening saga of three strangers united by circumstance and experience.

DUES ARE NOT REFUNDABLE

Thank you for your support!



*Joslyn Adult Recreation Center*

950 Main Street  
Cambria, CA 93428  
805.927.3364

[joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)  
[www.joslynrec.org](http://www.joslynrec.org)

**2019 ANNUAL MEMBERSHIP DUES NOTICE**

**The 2019 Annual Membership Dues are \$50.00 per member  
and are due and payable on or before January 31, 2019.**

I (we) understand that application for membership of the Joslyn Adult Recreation Center (JARC) is made on the basis that the dues noted herein apply to the use of JARC's facility as outlined in the Center's Bylaws and are in addition to any fees charged for participation in any individual member club and that I(we) agree to abide by the appropriate bylaws and rules of the Center and its member clubs.

MEMBER 1  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone 1: \_\_\_\_\_ Phone 2: \_\_\_\_\_  
 eMail: \_\_\_\_\_  
 Amount: **\$50.00**

MEMBER 2  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone 1: \_\_\_\_\_ Phone 2: \_\_\_\_\_  
 eMail: \_\_\_\_\_  
 Amount: **\$50.00**

**Total Due: \$** \_\_\_\_\_  
By mail to address above / at the center weekdays 10am - 2pm / in the mail slot anytime.

Help restore the bowling green: Now accepting voluntary contributions, cash or check payable to Cambria Lawn Bowls Club.





**SPIRIT DANCE & DRUM PRESENTS**

The Screening of the Documentary  
**'LET THE STONES SPEAK'**

**The Maltese Temples and their  
Connection to ATLANTIS**

By local resident Francis Aloisio  
At the Joslyn Center-Cambria  
**On the 12<sup>th</sup> January 2019 at 7 p.m.**

Followed by questions and answers  
Donation of \$5 to \$10 at the door.





The Joslyn Center has chosen to be a drop-off center for this program.



**GOT YOUR BACK**

Cambria Elementary School



In Cambria there are over 190 students (K-5) who receive free or reduced lunches, some 80% of the school census. These would include...

- Children sharing housing with parents or caregivers who are marginally or unemployed.
- Children living in motels, trailer parks or shelters.
- Children living in cars or substandard housing.
- Migrant children and families who are legal but fearful

These children receive free or reduced meals at the school Monday through Friday. For most of them, the school cafeteria is their primary source of nutrition all week.

**Unfortunately, many of them go the entire weekend with little or no food of any nutrition.**

This is where "Got Your Back" comes in. Together we can help alleviate hunger in our own backyard by sending home a backpack of food every weekend during the school year. The backpacks contain nutritious non-perishable food for breakfast, lunch and dinner, with additional snacks.

Please consider being part of the solution and join in the fight against childhood hunger by packing, delivering, shopping, holding food drives, raising awareness, and/or making a financial donations.

Questions/information/sign up—Bobby delancellotti

Phone—805-305-5671      Email—bdelancellotti@gmail.com

**Make a forever difference for a child today!**

*"Got Your Back" is a program of the Cambria Coalition, a group of non-profits, businesses, churches, and community leaders. "GYB" is one part of the Cambria Nutrition Club, which also includes the summer breakfast bags and the summer lunch program. Call the number above for more information.*

Fighting childhood hunger in our own back yard

**FOOD DONATIONS**

If you would like to contribute food to Got Your Back please refer to this list:

- Healthy cereal
- Evaporated milk
- Canned fruit
- Dry fruit
- Canned vegetables
- Canned chicken, tuna, or beef
- Peanut butter and jelly
- Boxed mac and cheese
- Canned beans
- Instant rice
- Boxed juice
- Healthy snacks

**Food donations can be brought to**

Cambria Connection, Community Presbyterian Church,  
Soto's Market, Gym One, or Joslyn Center

**FINANCIAL DONATIONS**

If you would like to contribute financial to Got Your Back please know that

- \$48 will feed a child for one month
- \$228 will feed a child for one semester
- \$456 will feed a child for the entire school year

Checks payable to the Cambria Connection (note: GYB)

**THANK YOU!**



**THANKS!**



JOSLYN CENTER'S FIFTIETH ANNIVERSARY:  
LAWN BOWLS CLUB TO RESTORE THE GREEN

Coming up for our anniversary year? CAMBRIA Lawn Bowls Club is in the works to replace our beautiful but worn green surface with an all-new surface constructed by a leading Australian bowling systems builder. After years of fundraising and generous bequests from honored past bowlers, the club is ready for renovations. Look for construction work to begin in the spring or early summer if all proceeds according to plan. Bowling greens typically last about 12-18 years, and then wear and tear begin to affect play and appearance. The current green was last resurfaced in 2002/2003, so it's time!

Bowling is a safe, enjoyably competitive, and invigorating way to enjoy Cambria's beautiful morning weather and have a very pleasant visit with friends. We welcome new players to try the sport at not cost or obligation, every Monday, Wednesday, Friday and Saturday at 9:15 AM at the green. Wear tennis shoes, and we will supply loaner bowls. You don't need to call or make a reservation—just come on by!

If you've ever wondered how that green got there in the first place, it's a remarkable story and worth retelling especially now that this is our 50th anniversary of bowling here in Cambria. The Joslyn Center and green are the result of the work of Marcellus Joslyn (1873-1963) in concert with the Cambria Lion's Club and SLO County. Marcellus Joslyn was the son of a wealthy Chicago family and attended Harvard law School (g. 1896), but he was far more interested in new technology—the telephone. In 1910, he established a telephone line equipment business, ultimately serving as CEO of Joslyn Manufacturing until 1947, when he retired to Santa Monica at the age of 74.

In retirement, he became one of the pioneers of lawn bowls in the United States, co-founding the Brentwood Park Greens. This evolved in the Santa Monica Lawn Bowls Club, of which he was a longstanding member. When he reached the age of 88 in 1960 he set up the Joslyn Foundation to establish lawn bowls centers. Today, there are operating Joslyn Center Lawn Bowls facilities in Cambria, Palm Desert, Hemet, Holmby Park, Laguna Beach, Oxnard, Santa Barbara, Newport Beach, Pasadena, Rancho Bernardo, San Diego, Santa Maria and Santa Monica. Posthumously, he was inducted into the US Lawn Bowls Association Hall of Fame for his effort to promote the sport of Lawn Bowls.

When work on the green is completed, the Cambria Lawn Bowls Club is planning a "grand opening" celebration and Charity Bowling tournament—Watch for it in Spring!!



Always check with your organization to make sure there are no schedule changes.

| January 2019             |                          | January 2019               |                          |   |                        |   |
|--------------------------|--------------------------|----------------------------|--------------------------|---|------------------------|---|
| SUNDAY                   | MONDAY                   | TUESDAY                    | WEDNESDAY                | Thursday  | Friday                 | Saturday                                |
|                          |                          | 1                          | 2                        | 3   | 4                      | 5                                       |
|                          |                          |                            | 9:00 Lawn Bowls          | 9:00 Table Tennis                                 | 9:00 Lawn Bowls        | 9:00 Lawn Bowls                         |
|                          |                          | <b>HAPPY<br/>NEW YEAR!</b> | 8:30 Dancercize          | 9:15 Investment Club                              | 9:00 Dancercize        |   |
|                          |                          |                            | 9:45 Strength Training   | 1:00 Mah Jongg                                    | 9:45 Strength Training |   |
|                          |                          |                            | 9:30 Writers Wkshop (CR) |   | 10:30 Table Tennis     |   |
|                          |                          |                            |                          | 6:15 Poker  | 1:00 Chorale Rehearsal |   |
|                          |                          |                            |                          | 6:30 Partners Bridge                              | 4:00 YOGA              |   |
|                          |                          |                            |                          |   | 7:00 Inner Rhythm      |   |
| 6                        | 7                        | 8                          | 9                        | 10  | 11                     | 12                                      |
| 9:00 Lawn Bowls          | 9:00 Lawn Bowls          | 9:00 Cambria Chorale       | 9:00 Lawn Bowls          | 9:00 Table Tennis                                 | 9:00 Lawn Bowls        | 9:00 Lawn Bowls                         |
|                          | 9:00 Dancercize          |                            | 8:30 Dancercize          | 9:00 Board Meeting (CR)                           | 9:00 Dancercize        |   |
| 10:30 First Unity Church |                          | 11:30 Table Tennis         |                          |   |                        | 7:00 Spirit Drum & Dance                |
| 1:00 Table Tennis        | 9:45 Strength Training   | 1:00 Refresher Bridge      | 9:45 Strength Training   |   | 9:45 Strength Training | Presents Documentary                    |
| 4:30 Dance Lessons       | 10:45 Dancercize         |                            | 9:30 Writers Wkshop (CR) | 1:00 Mah Jongg                                    |                        |   |
|                          | 1:00 Mah Jongg           | 4:30 Lions Board (CR)      | 1:00 Duplicate Bridge    | 2:00 Computer Club meets at Pacific Premier Bank. | 10:30 Table Tennis     |   |
|                          | 1:00 Rough Writers (CR)  | 7:00 Lions                 |                          | 6:15 Poker  | 1:00 Chorale Rehearsal |   |
|                          | 4:30 Hatha Yoga          | 7:00 IOOF (CR)             | 4:30 Couples Dance       | 6:30 Partners Bridge                              | 4:00 YOGA              |   |
|                          | 6:00 Spirit/Trance Dance |                            |                          |   | 7:00 Inner Rhythm      |   |
| 13                       | 14                       | 15                         | 16                       | 17  | 18                     | 19                                      |
| 9:00 Lawn Bowls          | 9:00 Lawn Bowls          | 9:00 Cambria Chorale       | 9:00 Lawn Bowls          | 9:00 Table Tennis                                 | 9:00 Lawn Bowls        | 9:00 Lawn Bowls                         |
|                          | 9:00 Dancercize          | 11:30 Table Tennis         | 8:30 Dancercize          | 9:15 Investment Club                              | 9:00 Dancercize        |   |
| 10:30 First Unity Church | 9:45 Strength Training   | 1:30 Fishing Club          | 9:45 Strength Training   | 1:00 Mah Jongg                                    | 9:45 Strength Training |   |
| 1:00 Table Tennis        | 10:45 Dancercize         |                            | 9:30 Writers Wkshop (CR) |   |                        | 5:15 Poker Tournament                   |
| 4:30 Dance Lessons       | 1:00 Mah Jongg           |                            |                          |   | 10:30 Table Tennis     | 4PM & 7PM Cambria Film Club at Rabobank |
|                          | 1:00 Rough Writers (CR)  |                            |                          | 6:15 Poker (CR)                                   | 1:00 Chorale Rehearsal |   |
|                          | 4:45 Hatha Yoga          |                            | 7:00 IOOF Dinner         | 6:30 Partners Bridge                              | 4:00 YOGA              |   |
|                          | 6:00 Spirit/Trance Dance | 7:00 Singles Bridge        |                          |   | 7:00 Inner Rhythm      |   |
| 20                       | 21                       | 22                         | 23                       | 24  | 25                     | 26                                      |
| 9:00 Lawn Bowls          | 9:00 Lawn Bowls          | 9:00 Cambria Chorale       | 9:00 Lawn Bowls          | 9:00 Table Tennis                                 |                        | 9:00 Lawn Bowls                         |
|                          | 9:00 Dancercize          |                            | 8:30 Dancercize          |   | 9:00 Lawn Bowls        |   |
| 10:30 First Unity Church | 9:45 Strength Training   | 11:30 Table Tennis         | 9:45 Strength Training   | 1:00 Mah Jongg                                    | 9:00 Dancercize        |   |
| 1:00 Table Tennis        | 10:45 Dancercize         | 1:00 Refresher Bridge      | 9:30 Writers Wkshop (CR) | 2:00 Computer Club meets at Pacific Premier Bank. | 9:45 Strength Training | 1:00 - 4:00 Private Event               |
| 4:30 Dance Lessons       | 1:00 Mah Jongg           |                            | 1:00 Duplicate Bridge    |   | 10:30 Table Tennis     |   |
|                          | 1:00 Rough Writers (CR)  | 4:30 Lions Board (CR)      | 4:30 Couples Dance       | 6:15 Poker (CR)                                   | 1:00 Chorale Rehearsal |   |
|                          | 4:45 Hatha Yoga          | 7:00 Lions                 |                          | 6:30 Partners Bridge                              | 4:00 YOGA              |   |
|                          | 6:00 Spirit/Trance Dance |                            |                          |   | 7:00 Inner Rhythm      |   |
| 27                       | 28                       | 29                         | 30                       | 31  |                        |   |
| 9:00 Lawn Bowls          | 9:00 Lawn Bowls          | 9:00 Cambria Chorale       | 9:00 Lawn Bowls          |   |                        |   |
|                          | 9:00 Dancercize          |                            | 8:30 Dancercize          | 9:00 Table Tennis                                 |                        |   |
| 10:30 First Unity Church | 9:45 Strength Training   | 11:30 Table Tennis         | 9:45 Strength Training   | 1:00 Mah Jongg                                    |                        |   |
| 1:00 Table Tennis        | 10:45 Dancercize         |                            | 9:30 Writers Wkshop (CR) |   |                        |   |
| 4:30 Dance Lessons       | 1:00 Mah Jongg           |                            |                          |   |                        |   |
|                          | 1:00 Rough Writers (CR)  |                            |                          | 6:15 Poker (CR)                                   |                        |   |
|                          | 4:45 Hatha Yoga          |                            |                          | 6:30 Partners Bridge                              |                        |   |
|                          | 6:00 Spirit/Trance Dance |                            |                          |   |                        |   |