



# Happy Thanksgiving!

Thankful for our Joslyn Members.  
Share a "Membership gift" this Holiday with a friend.  
Always fun at the Joslyn Center !

## President's Message

## 2019 NOVEMBER NEWSLETTER

Dear Members,

Exciting news!! Water bottles still available for your drinking pleasure - \$20 donation - all profits go to maintaining our water filter. I have mine - how about you??

November is the month we hold **our Annual Member Meeting**. It will be held on Saturday, the 16th this year at 9 am. We have lots to discuss and share. Among the items you might be most interested in are the two by-law changes that the Board will bring before you for a vote. They are as follows:

### Proposed By-Law Changes

#### ARTICLE III

4. All dues are payable on or before January **31st** each year and are non-refundable. Membership fees for those joining the JARC for three or less months (ie. summer months), will be 50% of regular dues.

#### ARTICLE VII: Clubs

8. Beyond yearly membership dues, each club will be responsible to raise additional funds or provide work/improvements to the building in lieu of, or in addition to, funds raised.

We will also be approving a slate of officers for next year. Any member can nominate any other member (with their permission) for an office during the annual meeting. As of this writing, the proposed slate will include:

President - taking nominations from the floor  
1st Vice President: Roland Soucie  
2nd Vice President: Sal Buongiorno  
Secretary: Joy Lee  
Treasurer: Joel Cehn

**November 16<sup>th</sup>  
Annual Meeting !  
Member Vote  
9 am - So good!**

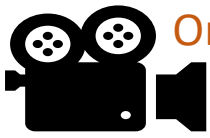
Take a look at the enclosed Club Donation List. Wow! We have been working hard and contributing a wonderful amount to help keep the Joslyn afloat.

Thanks for all that you do!

Sharon

UCC is collecting socks  
for the **Homeless** this Nov.  
**New Socks** bin in the Main Hall





# One Minute of Silence... Changed their Lives Forever

## Cambria Film Club Presents



The Hungarian Revolution of 1956 was a nationwide uprising against Soviet control of the country and Russian-imposed policies. Leaderless at the beginning, it was the first major threat to Soviet authority in Eastern Europe. The revolt began as a student protest, Budapest to Hungarian Parliament. As the news spread, disorder and violence erupted.

*The Silent Revolution* tells the story of a high school class in East Germany who hold a moment of silence in memory of the Hungarian victims of the uprising. This small act of solidarity has unforeseen consequences for the students, their parents, and the school as their action is viewed as potentially fomenting another protest movement in East Berlin. The Silent Revolution was nominated for Outstanding Feature Film, Best Screenplay, and Best Cinematography at the 2018 German Film Awards.

**The Silent Revolution screens Saturday, November 16, at both 4 & 7 pm in Mechanics Bank (Rabobank) Community Room (1070 Main Street).** All are welcome to attend and you can reserve seats in advance (just \$10) at the Joslyn Center office 10-2 M, Tu, Th, Fr. Tickets for remaining seats will be sold at the door.

Bring a Friend and Enjoy!



## CLUB CONTRIBUTIONS TO JOSLYN SO FAR THIS YEAR, JAN – SEPTEMBER

NOTE: SOME CLUBS CONTRIBUTE LATER IN THE YEAR

BRIDGE	\$ 1,250
CHORALE	1,250
COMPUTER	200
COUPLES DANCE	255
DANCERCIZE	3,310
FILM	400
FISHING	255
INNER RHYTHM	1,500
INVESTMENT	0
LAWN BOWLS	2,173
LIONS CLUB OF CAMBRIA	5,000
MAH JONGG	3,608
POKER	1,404
ROUGH WRITERS	460
SPIRIT/DRUM	550
TABLE TENNIS	829
WRITERS' WORKSHOP	0
	—
TOTAL:	\$ 22,415

The Honor Bar is feeling very hungry!



\$37 unpaid. Did you “forget to feed the Honor Bar”?  
Please do so we can keep it going!

# Are you a Musician?

The Cambria Music Jam is looking for acoustic musicians (professional or amateurs) to gather weekly in an informal, friendly environment. If you'd like to give it a try and are interested, please email [joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)





## Cambria Fishing Club

Sailing through  
Pinedorado with more  
adventures to come!

Ready for adventure?



The Cambria Fishing Club has been very busy since the first week of July, when some of our nearly 40 members, assisted with the Shamel Park July 5<sup>th</sup> beach fireworks cleanup day. The first week in August, our club members participated in the "Get Into Your Sanctuary" day event at San Simeon Pier along with Monterey Bay Marine Sanctuary, California DF&W, California State Parks, and the Discovery Center. Our members supplied information, 10 rods and reels, tackle, bait and assistance to the event visitors, so they could experience salt water recreational fishing for free on San Simeon Pier all day.

In September and October our club participated in the Pinedorado Parade, with our float entrance "Smells Fishy", a member's Baja Bayrunner fishing boat, with Scarecrow Mermaid and Fisherman aboard, along with a crusty club member at the boat's helm. Our next event was the Annual Club Picnic and Casting Tournament, fish fry potluck lunch at Shamel Park, fantastic food and great fun. October started out with a club chartered (discounted) fishing trip out of Avila Beach aboard the Flying Fish, for a cruise down the coast off shore from Vandenberg Air Force Base. Members caught a variety of rock fish types, and caught the 1<sup>st</sup> and 2<sup>nd</sup> largest ling cod in the jack pot money.

Another charter trip is being arranged for a cruise to Ragged Point followed later this Spring by our Annual Fish Fry Fundraiser dinner at the Joslyn Center. The fundraiser is a very popular event, so watch for the advertisement.



We meet 1<sup>st</sup> & 3<sup>rd</sup> Tues at 2 pm



Sponsored by Cambria Connection

# Senior Wellness and Flu Shot Clinic

Saturday, November 16, 2019  
10am – 1pm



Special thanks for our location, the parish hall at  
**St. Paul's Episcopal Church**  
2700 Eton Road, Cambria

**FREE FLU SHOTS\*\***  
Provided by SLOCO Public Health

- Brown-bag Drug Check By Pharmacist
- Diabetes Self Assessment
- Blood Pressure Screenings

Door Prize & Refreshments 🍁 Visit the Meditation Garden 🍁 Walk the Labyrinth

#### HELPFUL HANDOUTS:

- Medicare, HICAP
- Emergency Preparedness
- Transportation info
- Free Medical Equipment
- CAPSLO
- Wellness Kitchen
- Alzheimers
- Social Services



#### THANKS TO:

- Area Agency on Aging
- Cambria Anonymous Neighbors
- Cambria Community Bus
- Cambria Community Health District
- Cambria Community Council
- Hospice of SLO County
- SLOCO Public Health
- All Our Volunteers!



**TRANSPORTATION AVAILABLE 805.927.1654 TO CONFIRM.**

**\*\*FREE FLU SHOTS** reserved for uninsured participants. Requires pre-registration at cambriaconnection1@gmail.com or 805.927.1654 (leave name and phone number)



## Activities, Clubs & Times

*Meet New People & have Fun!*

Bridge - Duplicate	2nd & 4th Wed 1-4 pm	Main Hall (MH)
- Partners	Th 6:00-8:30 pm	MH
- Refresher	2nd & 4th Tues 1-4 pm	MH
- Singles	1st & 3rd Tues 7-9pm	MH
Cambria Chorale	Tues 9-11:30 / Rehearsal Fri 1-2:30	MH
Cambria Computer Club	2nd, 4th Thurs 2 pm	Pacific Premier
Cambria Film Club	Oct/Nov check Website	Rabobank Rm
Cambria Fishing Club	1st & 3rd Tues 2-3 pm	MH
Cambria Lawn Bowls	Mon, Wed, Fri, Sat 9:15 am	Lawn Bowl Grn
Cambria Writer's Workshop	Wed 9:30 – 1 pm	Conference Rm(CF)
CAPSLO	2nd Mon 9:30 – 11 am	MH
Couples Dance	2 <sup>nd</sup> & 4 <sup>th</sup> Wed 5:30 pm	MH
Couple Dance Lessons	Sunday As arranged	MH
Dancercize	Mon 9 & 10:45, Wed 8:30, Fri 9:00	MH
Inner Rhythm	Fri 7:30 - 9 pm	MH
Investment Club	1st & 3rd Thur 9:30-11 am	CF
Mah Jongg	M, Th 1-4 pm	MH
Poker/Tournament	Th 6:15-9 pm / 3rd Sat 6:15-9 pm	CF
Rough Writers	Mon 1-3 pm	CF
Spirit Dance & Drum	Mon 6 pm appt./Mon 7:30-9 pm	MH
Strength Training	Mon 9:45, Wed 9:15, Fri 9:45 am	MH
Table Tennis	Tu 11:30/1 <sup>st</sup> Wed 6:30 pm/ Th 9/ Fri 10:30/Sun 1	MH
Hatha Yoga KK / Yoga JB	Mon 4:45 – 6 pm/ Fri 4 pm	MH

**Website: [joslynrec.org](http://joslynrec.org) & Club Contacts**

**Joslyn Center (805) 927-3364**

**Email: [joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)**

Bridge - Duplicate	Joan 927-5332	Dancercize	Maryann 924-1040
- Partners	Joan 927-5332	Inner Rhythm	Steve 927-5109
- Refreshers	Harriett 203-5219	Investment Club	David 203-5174
- Singles	Susan 924-0177	Mah Jongg	Sharon 927-5155
Cambria Chorale	Barb 927-2989		Judy 924-1944
Cambria Computer Club	<a href="mailto:dbbig23@charter.net">dbbig23@charter.net</a>	Poker	Manya 927-5000
Cambria Film Club	Patricia 927-5732	Rough Writers	<a href="http://www.RoughWriters.org">www.RoughWriters.org</a>
Cambria Fishing Club	Mike 909-0315	Spirit Dance	Francesca 927-5528
Cambria Lawn Bowls	Sal 927-3120	Strength Training	Maryann 924-1040
Cambria Writers Wkshp	Shera 528-1575	Table Tennis	John 924-1948
Couples Dance	Jay/Pat 927-1867	Yoga	Joanna B. 440-5161
Dance Lessons by Appt.	Diane 203-5609	Yoga-Hatha	Kristina/Patti 927-1661

**November 2019**

**Open Spaces may be taken. You must " make a reservation " prior to your arrival. Set up & cleaning time extends time shown.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
	9:15-12 Lawn Bowls	9-11:30 Chorale	9:15-12 Lawn Bowls	9-10:30 Table Tennis	9:15-12 Lawn Bowls	9:15-12 Lawn Bowl
10:30-12:30 First Unity	9 & 10:45 Dancercize		8:30 Dancercize		9:00 Dancercize	
	9:45 Strength Train	11:30-1 Table Tennis	9:15 Strength Train	11:30-1 /Lead Dancecz	9:45 Strength Train	Center Closed - Private
			9:30-12 Writers Wksp-CR		10:30-12 Table Tennis	9-12:00
	1-4 Rough Writers-CR					
1-4 Table Tennis	1-4 pm Mah Jongg	2-3 Fishing Club	2 pm CAN Board-CR	1-4 pm Mah Jongg	1-2:30 Rehearsal	
4:30 Dance by Appt	4:45 Hatha Yoga	7 pm IOOF Board CR	6:30 Table Tennis	6:15-9:30 Poker-CR	4-5 Yoga	
	(6 Appt)/ 7:30 Spirit Dance	7-9 pm Singles Bridge		6-9:00 Partners Bridge	7:30-9 Inner Rhythm	
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	9:15-12 Lawn Bowl	9-11:30 Chorale	9:15-12 Lawn Bowl	9-10:30 Table Tennis	9:15-12 Lawn Bowl	9:15-12 Lawn Bowl
10:30-12:30 First Unity	9 & 10:45 Dancercize		8:30 Dancercize		9:00 Dancercize	
	9:45 Strength Train	11:30-1 Table Tennis	9:15 Strength Train	9:30-11 Investmt Club-CR	9:45 Strength Train	Center Closed - Private
			9:30-12 Writers Wksp-CR	11:30-1 /Lead Dancecz	10:30-12 Table Tennis	9-12:00
	1-4 Rough Writers-CR			1-4 pm Mah Jongg		
1-4 Table Tennis	1-4 pm Mah Jongg				1-2:30 Rehearsal	
4:30 Dance by Appt	4:45 Hatha Yoga	2-3 Fishing Club		6:15-9:30 Poker-CR	4-5:00 Yoga	
	(6 Appt)/ 7:30 Spirit Dance	7-9 Singles Bridge		6-9:00 Partners Bridge	7:30-9 Inner Rhythm	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	9:15-12 Lawn Bowl	9-11:30 Chorale	9:15-12 Lawn Bowl	9-10:30 Table Tennis	9:15-12 Lawn Bowl	9:15-12 Lawn Bowl
10:30-12:30 First Unity	9 & 10:45 Dancercize		8:30 Dancercize	9 Joslyn Club Board CF	9:00 Dancercize	9-11 Joslyn Annual
	9:45 Strength Train	11:30-1 Table Tennis	9:15 Strength Train	11:30-1 /Lead Dancecz	9:45 Strength Train	Meeting & Vote
Poker 12:30-7:30 CF	9:30 * NO Capslo	1-4 Refresher Bridge	9:30-12 Writers Wksp-CR	2:00 Computer Club PP	10:30-12 Table Tennis	"Silent Revolution"
	1-4 Rough Writers-CR		1-4:30 Duplicate Bridge	1-4 pm Mah Jongg		Movie 4 & 7 pm
1-4 Table Tennis	1-4 pm Mah Jongg				1-2:30 Rehearsal	Mechanics Bank
4:30 Dance by Appt	4:45 Hatha Yoga	4:30 Lions Board CR	5:30-9 Couples Dance	6:15-9:30 Poker-CR	4-5 Yoga	(former Rabobank-CF)
	(6 Appt)/ 7:30 Spirit Dance	4/6:30-9 Lions Meeting		6-9:00 Partners Bridge	7:30-9 Inner Rhythm	6:15-10 Poker Tourn
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	9:15-12 Lawn Bowl	9-11:30 Chorale	9:15-12 Lawn Bowl	9-10:30 Table Tennis	9:15-12 Lawn Bowl	9:15-12 Lawn Bowl
10:30-12:30 First Unity	9 & 10:45 Dancercize		8:30 Dancercize .	9:30-11 Investmt Club-CR	9:00 Dancercize	
	9:45 Strength Train	11:30-1 Table Tennis	9:15 Strength Train	11:30-1 /Lead Dancecz	9:45 Strength Train	8 am - 8 pm Closed
			9:30-12 Writers Wksp-CR		10:30-12 Table Tennis	Private Event
	1-4 Rough Writers-CR			1-4 pm Mah Jongg	1-2:30 Rehearsal	
1-4 Table Tennis	1-4 pm Mah Jongg		5:30-9 IOOF Dinner			
4:30 Dance by Appt	4:45 Hatha Yoga	7-9 Singles Bridge		6:15-9:30 Poker-CR	4-5 Yoga	
	(6 Appt)/ 7:30 Spirit Dance			6-9:00 Partners Bridge	7:30-9 Inner Rhythm	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	9:15-12 Lawn Bowl	9-11:30 Chorale	9:15-12 Lawn Bowl	9-10:30 Table Tennis	9:15-12 Lawn Bowl	9:15-12 Lawn Bowl
10:30-12:30 First Unity	9 & 10:45 Dancercize		8:30 Dancercize		9:00 Dancercize	
	9:45 Strength Train	11:30-1 Table Tennis	9:15 Strength Train	11:30-1 /Lead Dancecz	9:45 Strength Train	
		1-4 Refresher Bridge	9:30-12 Writers Wksp-CR		10:30-12 Table Tennis	
	1-4 Rough Writers-CR		1-4:30 Duplicate Bridge	1-4 pm Mah Jongg		
1-4 Table Tennis	1-4 pm Mah Jongg	4:30 Lions Board-CR		NO Computer Club	1-2:30 Rehearsal	
4:30 Dance by Appt.	4:45 Hatha Yoga	4/6:30-9 Lions Meeting	5:30-9 Couples Dance	6:15-9:30 Poker-CR	4-5 Yoga	
	(6 Appt)/ 7:30 Spirit Dance			6-9:00 Partners Bridge	7:30-9 Inner Rhythm	

\* Next CAPSLO is DEC- 2nd MONDAY 9:30-12. Computer Club: Recycle at Farmers Market Nov. 29th Club meets only 11/14 at Pacific Premier Bank Comm. Rm.