

Always check with your organization to make sure there are no schedule changes.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday	Saturday
					1	2
					9:00 Lawn Bowls	9:00 Lawn Bowls
					9:00 Dancercize	
					9:45 Strength Training	
					10:30 Table Tennis	
					7:00 Inner Rhythm	
3	4	5	6	7	8	9
9:00 Lawn Bowls	9:00 Lawn Bowls		9:00 Lawn Bowls	9:00 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
	9:00 Dancercize	10:30 Table Tennis	8:30 Dancercize	9:15 Investment Club		
10:30 First Unity Church	9:45 Strength Training		9:15 Strength Training	1:00 Alzheimer's Assoc.	9:00 Dancercize	
	10:45 Dancercize	2:00 Fishing Club	9:30 Writers Wkshop (CR)	1:00 Mah Jongg	9:45 Strength Training	
1:00 Table Tennis	1:00 Mah Jongg		1:00 Duplicate Bridge			
4:30 Dance Lessons	1:00 Rough Writers (CR)	6:30 Singles Bridge	2:00 CAN		10:30 Table Tennis	
	4:45 Hatha Yoga	7:00 Oddfellows		6:15 Poker (CR)		
	6:00 Spirit/Trance Dance			6:30 Partners Bridge	7:00 Inner Rhythm	
10	11	12	13	14	15	16
9:00 Lawn Bowls	9:00 Lawn Bowls	9:30 CAP SLO	9:00 Lawn Bowls	9:00 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
	9:00 Dancercize	10:30 Table Tennis	8:30 Dancercize	9:00 Board Meeting (CR)		
10:30 First Unity Church	9:45 Strength Training	1:00 Refresher Bridge	9:15 Strength Training	1:00 Mah Jongg	9:00 Dancercize	
1:00 Table Tennis	10:45 Dancercize		9:30 Writers Wkshop (CR)	2:00 Computer @ Premier Bank	9:45 Strength Training	
4:30 Dance Lessons	1:00 Mah Jongg	4:30 Lions Board (CR)				
	1:00 Rough Writers (CR)	7:00 Lions (Kitchen)	1:00 Duplicate Bridge		10:30 Table Tennis	
	4:45 Hatha Yoga		4:30 Couples Dance	6:15 Poker (CR)		
	6:00 Spirit/Trance Dance			6:30 Partners Bridge	7:00 Inner Rhythm	
17	18	19	20	21	22	23
9:00 Lawn Bowls	9:00 Lawn Bowls		9:00 Lawn Bowls	9:00 Table Tennis	9:00 Lawn Bowls	9:00 Lawn Bowls
	9:00 Dancercize	10:30 Table Tennis	8:30 Dancercize	9:15 Investment Club		
10:30 First Unity Church	9:45 Strength Training	2:00 Fishing Club	9:15 Strength Training	1:00 Mah Jongg	9:00 Dancercize	
1:00 Table Tennis	10:45 Dancercize		9:30 Writers Wkshop (CR)		9:45 Strength Training	
4:30 Dance Lessons	1:00 Mah Jongg					6:00 Poker tournament
	1:00 Rough Writers (CR)	6:30 Singles Bridge		6:15 Poker (CR)	10:30 Table Tennis	
	4:45 Hatha Yoga		7:00 Oddfellows	6:30 Partners Bridge		
	6:00 Spirit/Trance Dance				7:00 Inner Rhythm	
24	25	26	27	28	29	30
9:00 Lawn Bowls	9:00 Lawn Bowls		9:00 Lawn Bowls	9:00 Table Tennis		
	9:00 Dancercize	10:30 Table Tennis	8:30 Dancercize			
10:30 First Unity Church	9:45 Strength Training	1:00 Refresher Bridge	9:15 Strength Training	1:00 Mah Jongg		
1:00 Table Tennis	10:45 Dancercize		9:30 Writers Wkshop (CR)	2:00 Computer @ Premier Bank		
4:30 Dance Lessons	1:00 Mah Jongg	4:30 Lions Board (CR)	1:00 Duplicate Bridge	6:15 Poker (CR)		
	1:00 Rough Writers (CR)	7:00 Lions (Kitchen)		6:30 Partners Bridge		
	4:45 Hatha Yoga					
	6:00 Spirit/Trance Dance					